



## *Songs and Rhymes*

*San Francisco Waldorf School ~ Parent-Child Program*

### **Good morning dear earth,**

Good Morning dear sun,  
good morning dear stones,  
And the flowers everyone.  
Good morning dear bees,  
And the birds in the trees,  
Good morning to you,  
And good morning to me.

### **Good morning to you,**

And sweet be thy day,  
May angels surround you,  
Their silent watch keep,  
Good morning dear \_\_\_\_  
Good morning dear \_\_\_\_

**Breathing in I cherish myself,**  
Breathing out, cherish the world.

### **Sea shell, Sea shell,**

Sing a song for me,  
Sing it for the ocean,  
Sing it for the Sea

### **Little Gnome wants to help us,**

Clean our house today.  
When we hear him, then we know,  
It's time no more to play.  
Sweep sweep, sweep sweep  
Let's put our toys away

### **Polly put the kettle on,**

Polly put the kettle on,  
Polly put the kettle on,  
We'll all have tea!  
Sookie took it off again,  
Sookie took it off again,  
Sookie took it off again,  
We all had tea!

### **Blessings on the blossoms,**

Blessings on the fruit,  
Blessings on the stems and leaves,  
And blessings on the root!

### **The Moon is Round,**

The moon is round,  
It has two eyes, and knows no frown!

### **Here is the beehive, where are the bees?**

Hidden away where nobody sees,  
Watch and you'll see them come out of the  
hive, 1, 2, 3, 4, 5

### **Two eyes to look around,**

Two ears to hear each sound,  
One nose to smell what's sweet,  
One mouth that loves to eat!

### **Peek a boo, Peek a boo,**

Where's the baby? I see you!  
Peek a boo, Peek a boo,  
Where's she hiding? Where oh where?  
Peek a boo, Peek a boo,  
I see You!

### **Here's a ball for baby,**

Big and soft and round  
Here is baby's hammer, Oh, how she can  
pound!  
Here is baby's music,  
Clapping, clapping so.  
Here are baby's flowers,  
Standing in a row.  
Here is baby's trumpet, Toot, toot, toot.  
Here's the way that baby, plays at peek a boo  
Here is baby's umbrella, Keeping baby dry  
Here is baby's cradle, Rock, rock a bye,  
Rock a baby bye

### **Eye Winker, nose sniffer,**

Mouth eater, chin chopper,  
Gully, Gully, Gully, Gully!

### **Good-bye now, good-bye now,**

Good-bye now we say,  
Until the next time, until the next time,  
When we'll work and we'll play.



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**Tip Top Tim,**  
Why so grim?  
I'm not grim,  
I'm Tip Top Tim!

**Shoe a little horse, shoe a little mare,**  
But the little baby's feet go bare, bare, bare

**I have 10 little fingers,**  
They all belong to me,  
I can make them do things,  
Do you want to see?  
I can open them up wide,  
I can shut them tight!  
I can put them together,  
I can put them out of sight,  
I can put them way up high,  
I can put them way down low,  
I can put them on my lap and sit just so  
(or: clap just so).

**Pat a cake, pat a cake, baker's man,**  
Bake me a cake as fast as you can,  
Roll it and prick it and mark it with a B,  
Then put it in the oven for baby and me.  
For baby and me, for baby and me,  
Then put it in the oven for baby and me.

**I have made a pretty Nest,**  
Look inside, Look inside,  
Hungry birdies with their beaks,  
Open wide, Open wide,  
See my little birdies grow,  
Day by Day, Day by Day,  
Till they spread their little wings,  
And then they fly away!

**See Saw Sacradown,**  
This is the way to London Town,  
One foot up and the other down and  
That is the way to London Town!

**Hickory dickory dock,**  
The mouse ran up the clock, The clock struck  
one, and down he did run,  
Hickory dickory dock!

**This little cow eats grass,**  
This little cow eats hay,  
This little cow drinks water,  
This little cow runs away,  
This little cow does nothing,  
But just lies down all day.  
We'll chase her, we'll chase her,  
we'll chase her away!

**Mix a pancake, Stir a pancake,**  
Pop it in the pan! Fry a pancake,  
Toss a pancake, Catch it if you can!

**Round and Round the garden,**  
Goes the teddy bear,  
One step, two steps, tickle under there!  
Round and Round the haystack,  
Goes the little mouse,  
One step, two steps, run into the house!

**These are baby's fingers, Sua, Sua,**  
These are baby's fingers soft and gentle,  
These are baby's toes, sua, sua,  
These are babies toes,sua, sua.  
This is babies tummy button, Round and  
Round it goes, This is baby's tummy button,  
Round and Round it goes!

**I hear thunder, I hear thunder,**  
Hark do you? Hark do you?  
Pitter patter rain drops,  
pitter patter rain drops,  
I'm soaked through,  
So are you!



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**Pitty Patty Polt, Shoe a wild colt,**  
Here's a nail, there's a nail,  
Here's a tickle, there's a tickle,  
Pitty Patty Polt!

**Row, row, row your boat**  
Gently down the stream,  
Merrily, merrily, merrily, merrily,  
Life is but a dream!

**I love to ride in my big blue boat,**  
My big blue boat, my big blue boat,  
I love to ride in my big blue boat,  
Over the deep blue sea!  
My big blue boat it has two red sails,  
Two red sails, Two red sails,  
My big blue boat it has two red sails,  
Over the deep blue sea.  
So come for a ride in my big blue boat,  
My big blue boat, my big blue boat.  
So come for a ride in my big blue boat,  
Mamas and papas and me,  
Over the deep blue sea!!

**Pitter patter, Pitter patter,**  
Listen to the rain,  
Knocking on my windowsill,  
And on my windowpane!  
All the earth does love the rain,  
The grass the flowers the grain,  
The birds up in the tree top,  
The frog upon his lily pad –  
Ribet, ribet, ribet, ribet,  
All the earth does love the rain!  
Pitter patter, pitter patter,  
The sun comes out again!

**Round and Round the Earth is turning,**  
Turning slowly round to morning,  
And from morning round to night.

**See the little mousie, creeping up the stair,**  
Looking for a warm nest, there oh there!  
See the little birdie, searching in the tree  
Looking for a warm nest there oh there!  
See the little rabbit hopping up the hill,  
Looking for a warm nest,  
There oh there!

**Jack and Jill went up the hill,**  
To fetch a pail of water,  
Jack fell down, and broke his crown,  
And Jill Came tumbling after.  
Up Jack got, and off he trot,  
As fast as he could canter.  
He went to bed,  
And plastered his head,  
With vinegar and brown paper.

**This is my trunk, I'm a tall tall tree,**  
In the autumn the apples (golden leaves)  
Fall from me,  
They drop, They drop, They drop!  
This is my trunk, I'm a tall tall tree,  
In the Winter the raindrops (snowflakes)  
Fall on me,  
They fall, They fall.  
This is my trunk, I'm a tall tall tree,  
In the Springtime the blossoms grow on me,  
The open, they open!  
This is my trunk, I'm a tall tall tree,  
In the Summer the breezes blow through me,  
I bend, I bend!



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### **In the springtime, bunny rabbits go**

Hop Hop!  
In the sunshine little birdies go  
Chirp Chirp!  
Rosie's nod to daffodils,  
Little children run up hill,  
And run down!  
Little children hop up hill,  
And hop down!  
Little children walk on tiptoes up hill,  
And walk on tiptoes down!  
Little children walk on their heels  
Up hill,  
And walk on their heels down,  
And fall down!

### **Old McDonald had a farm,**

E I E I O!

And on his farm he had a cow,

(horse – neigh, pig – oink, sheep – baaa,  
goat – maa, duck – quack, chicken – bawk)

E I E I O!

With a moo, moo here,  
And a moo, moo there,  
Here a moo, there a moo,  
Everywhere a moo moo!  
Old McDonald had a farm,  
E I E I O!

### **The itsy bitsy spider,**

Climbed up the water spout!  
Down came the rain a  
And washed the spider out!  
Up came the sun  
And dried up all the rain,  
Then the itsy bitsy spider  
Climbed up the spout again

### **In the heart of a seed,**

Buried deep, so deep,  
A dear little plant lay fast asleep.  
“Wake” said the sun,  
And creep to the light,  
“Wake” said the voice  
Of the raindrops bright.  
The little plant heard and arose to see  
What the wonderful outside world might be!

### **Caterpillar wind about,**

Round and round and in and out.  
And when your fed, you spin your bed,  
And go to sleep, deep deep sleep.  
And as a caterpillar die,  
then waken as a butterfly!

### **The baker is baking the bread** for the town,

He's kneading and pushing  
And turning it round.

### **We knead our dough,** we knead our dough,

We push and push and push,  
And turn it round and fold it over,  
And push and push and push.  
And turn it round and fold it over,  
Turn it round and fold it over,  
We knead our dough,  
We knead our dough  
And then we pat pat pat!

### **Ten (9,8,7...) little buns**

In the bakery shop,  
The kind with the honey  
And the cinnamon on the top!  
Along comes \_\_\_\_  
And who comes with you? \_\_\_\_  
With a penny to pay and they  
take that honey bun  
Right away!