

## The Seasonal Table or Nature Corner

*An artistic expression in accordance with the seasons of the year.*

*Its purpose:*

- ☀ *Therapeutic, healing one of the illnesses of our times which is alienation from nature.*
- ☀ *To encourage us to take walks alone or with others, especially children to find leaves, moss, small branches and flowers.*
- ☀ *Awareness of the changing seasons, weaving new threads of relationship to nature and the invisible beings behind it.*
- ☀ *Seeing into the life world or the etheric world, the world of rhythms centered in the sun:  
The 4 Kingdoms of Nature: mineral, plant, animal and human  
The Elemental Beings: gnomes, undines, sylphs, salamanders  
The 4 Seasons and their moods, the artistic use of color to reflect the seasons*
- ☀ *Ensouling the classroom or home, this is not about sentimentality or cuteness or being decorative, although aesthetics are important.*
- ☀ *Complementing our work with stories, puppetry, fairy tales, festivals, circle time.*

*The seasonal table acts as a background...working silently upon the mood of the room.*

*“Every living thing that you bestow your love upon reveals itself to you.  
Lack of love is a veil overlaying the things of the world and  
shrouding them from view.  
In as much as you send out love, you will receive!”*

*Creating a nature table can become a source of enjoyment for the entire family, together you can participate in a living work of art that unfolds with the rhythm of the seasons. For adults, this activity can engender a re enchantment of their experience of nature through an inner adjustment to the cycle of the year. For children it can help to lay the foundation for a deep and abiding love for the natural world, and thereby counteract the pervasive electronic media that tend to dominate our modern homes.*

*The seasonal table silently speaks to the hearts awakening. The handcrafted pieces (animals, etc.) that you include should be seen a beginning. Hopefully you will feel inspired to craft new figures for other times of the year. Ideally you and your children will also take many walks together in nature and be able to find little treasures that can help to add a touch of magic to this new focal point in your home.*

*This artistic medium offers an endless opportunity for exploration and imagination. Among the many possible items you may find during these walks are beautiful branches, driftwood, sea shells, feathers, leaves, special stones, butterfly wings, abandoned bird nests or eggs.*

*For both your family members and visiting friends, this seasonal table can help to inspire a “reverential ecology”; an important healing impulse especially for the new generation of children who will need to meet our growing environmental challenges.*