



## Reading List Requirements and Suggestions for LifeWays training

Now that you are enrolled in the LifeWays training, there may be some reading you would like to do before the training begins. Certain texts support the content in specific classes. Depending upon the schedule of class topics your training director and teachers have put together, you may want to read particular texts before particular training sessions. However, **we request that everyone read Home Away From Home** before the first session if possible. If you enrolled too late to do so, don't worry about it. You can read in the weeks in between your sessions.

The readings may also help you find inspiration for a theme for your child development paper or project. Moreover, they are wonderful texts to support the work we are all doing for children and families. Also listed below are further recommended readings that we feel support the ideals, principles and practices taught in LifeWays. Note: Live links, which are underlined, are free eBooks from the Online Waldorf Library [www.waldorflibrary.org](http://www.waldorflibrary.org)

### Required Reading:

*Home Away From Home: LifeWays Care for Children and Families* by Cynthia Aldinger and Mary O'Connell

*Life if the Curriculum*, by Cynthia Aldinger (new 2015)

*Beyond the Rainbow Bridge* by Barbara Patterson

[Education of the Child, The](#) by Rudolf Steiner

*First Three Years, The* by Karl Konig ...I have photocopied this for you!

*Caring for Infants with Respect* by Magda Gerber

*Simplicity Parenting* by Kim John Payne

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### Highly Recommended Resources (These may vary with the different training sites)

*Anthroposophy in Everyday Life* by Rudolf Steiner

[A Warm and Gentle Welcome by WECAN \(Waldorf Early Childhood Association of North America\)](#)

*Bringing Love, Giving Joy* by Wilma Ellsersiek

*Childhood's Garden* by Helle Heckman

[Developing Child: The First Seven Years, The - WECAN Gateways Series](#)

*Festivals, Family and Food* by Diana Carey and Judy Large

*Genius of Play, The* by Sally Jenkinson

[Healing Our Children- A Collection of Articles for Parents by Susan Johnson MD](#)

*Homemaking as a Social Art* OR *Homemaking and Personal Development* by Veronica van Duin

*Incarnating Child, The* by Joan Salter

*Lifeways* by Bons Voors and Gudrun Davy

*Multicultural Issues in Child Care* by Janet Gonzalez-Mena

*Naturally You Can Sing* songbook series by Mary Schunemann

*Our Twelve Senses* by Albert Soesman

*Toymaking With Children* by Freya Jaffke

*Unbornness* by Peter Selg

[Understanding Young Children a Compilation by Rudolf Steiner](#)

LifeWays Reading List Page Two

*Work and Play in Early Childhood* by Freya Jaffke

[\*Working with the Angels: The Young Child and the Spiritual World\*](#), WECAN

[\*Young Child in the World Today, The – WECAN Gateways Series One\*](#)

*You Are Your Child's First Teacher (3<sup>rd</sup> Edition)* by Rahima Baldwin Dancy

**More Helpful Resources** (These may vary with the different training sites)

*A Child's Seasonal Treasury* by Betty Jones

*Creating a Home for Body, Soul and Spirit* by Bernadette Raichle

[\*Completing the Circle\* by Thomas Poplawski](#)

*Covering Home* by Jack Petrash

*First Seven Years, The* by Edmond Schoorel

*Games Children Sing and Play, Shimer and Baadh Garrett*

*Last Child in the Woods* by Richard Louv

*Nurturing Children and Families: One Model of a Parent/Child Program in a Waldorf School* by Sarah Baldwin (in eBook format upon request)

*Self-Education in the Light of Spiritual Science* by Rudolf Steiner

*Shelter of Each Other, The (Rebuilding our Families)* by Mary Pipher

*Spiritual Tasks of the Homemaker, The* by Manfred Schmidt-Brabant

*Understanding Children's Drawings* by Michaela Strauss

**Here is a list of places you may be able to purchase the required books:**

Rudolf Steiner College Bookstore 916-961-8729, <http://www.steinercollege.edu/store/>

Steiner Books (703) 661-1594, <http://www.steinerbooks.org/Books/Features.aspx>

Waldorf Early Childhood Association Publications, 845-352-1690, <http://store.waldorfearlychildhood.org/>

Naturally You Can Sing Productions, (415)888-2168, <http://www.naturallyyoucansing.com/>

If you are a member of the Anthroposophical Society, some books may be available to borrow at Rudolf Steiner Library, 518-672-7690, <http://www.anthroposophy.org/rudolf-steiner-library.html>

Many of the titles can be found used on Amazon.com.

**Student is also required to bring a 7 string pentatonic lyre or kinderharp to the training. Recommended lyres include:**

Song of the Sea Pentatonic Lyre from Bella Luna Toys. Bella Luna Toys also sells the pentatonic Choroi Children's Harp

*If you order from the website (bellalunatoys.com), use discount code LIFEWAYS10 to receive a 10% discount. If you call, please mention that you are a LifeWays student for the discount.*