



California Coast Training Schedule and Classes – 2016-17- subjects may change

August 13	First day; introductions; what is LifeWays & relationship based care; knitting
August 27	Singing; Overview birth to age 7; Spiritual, imitative nature of the young child; Life is the Curriculum; Living Arts; sewing
September 10	Singing; The 4 “R’s” ...rhythm, repetition, respect, resiliency; Rhythms charts; Child observation; eightfold path; Drawing and painting with young children
September 24	Singing; Adult Temperaments and Parenting by Temperament; lyre; movement; knitting
October 8	Doll making workshop (9am to 3:30pm)
October 21 to 23	first retreat weekend at Acorn Farm, El Sobrante: Singing; finger games; nature table; birthday story; sewing; Felted Pumpkin project; dyeing silks, wool and yarn; fermentation.
November 5	Singing; Twelve Senses; Seven life processes; Woodworking; painting
November 19	Singing; Development of Movement; Working with babies in care; RIE, the work of Magda Gerber and Emmi Pikler; movement; lyre; sewing wool vests
December 3	Winter Festivals Workshop (9am to 3pm)
December 10	Singing; Life phases from age 7; personal biography and karma; working with the angels; painting
January 7, 2017	Singing; Development of play & imagination; Indoor environments/color & outdoor environments; Woodworking
January 21	Singing; Creating LW programs/parent child programs; Mothering Arts; lyre; sewing
February 4	Nuts and Bolts, legal and business aspects of creating your own program; movement; indoor environments and simplicity
February 18	Singing; Development of Thinking; Brain Development; Developmental Theorist reports; handwork
March 3 to 5	second retreat weekend at Venture Retreat Center; Development of speech and puppetry; festival sharing; elemental beings; cooking
March 18	Singing; Positive Discipline; Felt Boards; painting
April 1	Singing; Diversity; getting along, working with an assistant; lyre; movement
April 22	Singing; Aspects of outdoor programs; gardening with children; review rhythms charts; toy making
May 6	Anthroposophical Home Health Workshop (9 to 5:30)
May 20	Singing; Mindfulness; the Eight-fold path and six basic exercises; self care; Making Natural Cleaners and child size aprons
June 2-4	last retreat weekend at Venture Retreat Center: Cooking & canning; Circle and Singing Games; Festival sharing; Garland making; graduation circle
June 17	Understanding Children’s Drawings; overview of year; last day of classes and graduation luncheon

There will be two optional classes, these are not yet scheduled but they will be lazure with Diane Goettlicher and therapeutic movement with Valerie Baadh